

# Crisis Support Workplace Training (CSWT) 2023 Semester 1 Calendar

**Uniting**

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| <b>Calendar for:</b>        | <b>Lifeline Ballarat 2023B Group Evening sessions.</b> |
| <b>Training commences:</b>  | Tuesday 19 <sup>th</sup> September, 2023               |
| <b>Further Information:</b> | Contact Belinda at 0466 852 016                        |

## Stage 1 - Initial Training

| Topic                                | eLearning                       | Name                                      | Date  | Time                               | Delivery mode |
|--------------------------------------|---------------------------------|---|---|------------------------------------|---------------|
| <b>1.</b>                            | Topic 1                         | Foundational Knowledge                    | Tues 19/09/2023                             | 5:30-9:00pm                        | Onsite        |
| <b>2.</b>                            | Topic 2                         | Micro-skills & Self-Awareness             | Tues 26/09/2023                             | 5:30-9:00pm                        | Zoom          |
| <b>3.</b>                            | Topic 3                         | Micro-skills & Supervision                | Tues 03/10/2023                             | 5:30-9:00pm                        | Zoom          |
| <b>4.</b>                            | Topic 4                         | CARE Practice Framework                   | Sat 14/10/2023                              | 9:00am -4:30pm                     | Onsite        |
| <b>5.</b>                            | Topic 5<br><i>No eLearning</i>  | Introduction to Suicide                   | Sat 21/10/2023                              | 9:00am -4:30pm                     | Onsite        |
| <b>6.</b>                            | Topic 6                         | Suicide Crisis Support                    | Tues 31/10/2023                             | 5:30-9:00pm                        | Zoom          |
| <b>7.</b>                            | Topic 7                         | Safety Issues                             | Tues 7/11/2023                              | 5:30-9:00pm                        | Zoom          |
| <b>8.</b>                            | Topic 8                         | Understanding Differences                 | Tues 14/11/2023                             | 5:30-9:00pm                        | Zoom          |
| <b>9.</b>                            | Topic 9                         | Putting It All Together                   | Sat 25/11/2023                              | 9:00am -4:30pm                     | Onsite        |
| <b>10.</b>                           | Topic 10<br><i>No eLearning</i> | Practice Clinic                           |   |                                    |               |
| <b>Between Topic 5 &amp; 9</b>       | <i>No eLearning</i>             | Observation shift                         | <b>Date range:</b><br>23/10/2023-24/11/2023 | On a mutually agreed date and time | Onsite        |
| <b>Assessment</b>                    | <i>No eLearning</i>             | Role Play Assessments X3                  | <b>Date range:</b><br>27/11/2023-9/12/2023  | On a mutually agreed date and time | Zoom          |
| <b>Assessment Feedback</b>           | <i>No eLearning</i>             | Individual Feedback Sessions with Belinda | <b>Date range:</b><br>11/12/2023-16/12/2023 | On a mutually agreed date and time | Zoom          |
| <b>BREAK 18/12/2023 - 12/01/2024</b> |                                 |   |   |                                    |               |
| <b>Placement Preparation</b>         | <i>No eLearning</i>             | Student Placement Orientation             | Sat 13/01/2024                              | 9:00am - 1:00pm                    | Onsite        |

**Stage 1 – Initial Training:** sessions will be held onsite at our Lifeline Ballarat site or via Zoom. We can run these sessions as hybrid sessions when and if required for everyone to attend online via Zoom when and if required. The Lifeline Ballarat site address will be provided to individuals before the commencement of training.

## Stage 2 - Student Placement

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| <b>Phone Room Student Placement Shifts</b> | After successful completion of Stage 1 - Initial Training, students complete a minimum of 16 logged in hours over 8 weeks in the phone rooms supported by Student Mentors. <b>Placement date range:</b> 15/01/2024-15/03/2023 |
| <b>Mid-Placement Workshop</b>              | Thursday 22/02/2023, 5:30pm-7:30 pm; this session will be held via Zoom.  |
| <b>Call Coaching</b>                       | 1 assessed interaction - occurs during a live interaction (date & time TBA).  |
| <b>Assessment</b>                          | Imminent risk suicide role play: at a mutually agreed date and time during the placement stage. This will vary depending on individual student progress and availability. Assessment will be via Zoom                         |

## Stage 3 – Internship

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| <b>Induction and Preparation for Internship</b> | After successful completion of Stage 2 – Student Placement, students are scheduled for an induction and introduction into Stage 3 - Internship with our Centre Supervisor. This session takes approx. 45 min and is arranged at a mutually agreed time. <b>Date range: 18/03/2024 - 29/03/2024.</b> These dates are subject to change and may vary depending on individual student progress and availability.   |
| <b>Internship</b>                               | <p>Students complete the below listed requirements over a period of approximately 7 months:</p> <p><b>Date range:</b> 01/04/2024 – 30/09/2024</p> <ul style="list-style-type: none"> <li>• Minimum 56 logged-in hours (and manage contacts from a minimum of 50 help seekers)</li> <li>• Advanced Self-Care – eLearning, 3 hours</li> <li>• Masterclass – eLearning, 3 hours face-to-face (date of f2f TBC)</li> <li>• Community Insights – eLearning, 3 hours</li> <li>• Call Coaching session 1 – occurs during a live interaction (date TBC)</li> <li>• Call Coaching session 2 – occurs during a live interaction (date TBC)</li> <li>• Supervision &amp; call coaching - to be booked progressively over the period of your internship</li> </ul> <p>Belinda will provide students with specific information regarding internship requirements as the need arises.</p> |

## Final Assessment

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| <b>Assessment interview</b> | <p>After successful completion of the Stage 3 - Internship requirements list above, students participate in a final assessment interview and suicide role play at a mutually agreed time. Upon successfully completing this, students will receive their accreditation for the 3 units of competencies:</p> <ul style="list-style-type: none"> <li>• CHCCCS003 Increase the safety of individuals at risk of suicide</li> <li>• CHCCCS019 Recognise and respond to crisis situations</li> <li>• CHCCCS028 Provide client-centred support to people in crisis</li> </ul> |
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