



ASIST[®]

Applied Suicide Intervention Skills Training

FOCUS

ASIST is a two-day interactive, skill-building workshop that prepares professionals and caregivers (of all kinds) to provide suicide first aid interventions.

Learn to:

- Recognise people who may be having thoughts of suicide
- Ask them about suicide, hear their story and understand their situation
- Help them keep safe and develop an effective personal safe plan
- Connect them to community supports and resources

WHEN

Tuesday March 5 and Wednesday March 6, 2024
9am – 5pm

WHERE

Ballarat Hospice Care Inc.
1836 Sturt Street, Alfredton, Victoria, 3350

COST

\$395 (plus GST) per participant for two days of training.
Cost includes materials and light refreshments on both days

BOOK NOW

<https://www.trybooking.com/COKCK>

REGISTRATIONS CLOSE FRIDAY, MARCH 1, 2024



Note: participants must attend both full days to receive a training certificate

TO FIND OUT MORE:

LIFELINE BALLARAT – COMMUNITY AND WORKPLACE TRAINING TEAM
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